

## ~FIGHT AGAINST THALASSEMIA ~ A DREADED BLOOD RELATED HERIDITARY DISEASE.

## OUR MISSION : THALASSEMIA FREE INDIA

Thalassemia is a general name for a group of inherited blood diseases that involve abnormalities in hemoglobin, the oxygen carrying part of the red blood cells. As a result, the red blood cells become unable to carry enough oxygen through out the body. Normally red blood cells survive for 120 days but in Thalassemia red cell survival is greatly reduced.

The disease mainly of two types: Thalassemia Major and Thalassemia Minor. Thalassemia minor is not a fatal disease. The patients can lead a healthy life, though caring the germ. Thalassemia major is a fatal condition ~ its symptoms appear either immediately after birth or within a few days, which includes swelling in the body, breathlessness, weakness, reduced appetite, alterations in behavior, the child become less energetic, the child appears pale or blue. If one of the parents having Thalassemia minor, there are 50-50% is the chances of the child being Thalassemia minor and normal. If both the parents have Thalassemia minor, 25% chances of their child to have Thalassemia major and 50% chances of the child to have Thalassemia minor. This is a purely hereditary disease and transmitted to child from either or both the parents

Timely treatment for those who already suffering and awareness regarding prevention of through blood test before marriage and during pregnancy is necessary to make India Thalassemia free. Till time in modern medicine repeated blood transfusion is the only existing treatment in world wide. Bone marrow transplantation is so expensive, complicated with less success rate that most of the patients not even think for that. For blood transfusion to get the compatible blood is also not so easy and chances of spread of infection are always there. In Thalassemia major RBCs break down before maturation and hence iron liberated form broken RBCs is lethal for these children and therefore immediate blood transfusion and treatment to remove excess iron is required.

To stop Thalassemia AJA RAKTABASTI TREATMENT mentioned in ayurveda thousand of years ago are proving to be useful. By the treatment the interval between successive blood transfusion is found to be increasing along with reducing the level of ferritin in patients' body. Part of the treatment - Punarnavadi Vati & Aja-Ghee already proven helpful for formation of new mature and healthy RBCs. This treatment is authentic, safe, painless and capable to prolonging the duration between successive blood transfusion, resultant less blood transfusion are required and level of ferritin automatically be reduced. Altogether the immune of patient become stronger and the life expectancy increased. Thus it is the only ray of hope – not only in India but also in whole world for patients suffering from Thalassemia major.

We intend to undertake the aim of THALASSEMIA FREE INDIA through the above treatment procedure & on way to pursue this pious endeavor under the guidance & monitoring of: Directorate of Indian System of Medicine and Homeopathy, Health and Family welfare Department, Ministry of Health & Family Welfare, Government of Gujarat.

**November 29<sup>th</sup>, Sunday was fixed for the open forum discussion-direction-counseling** which was graced by eminent Thalassemia treating professionals from Delhi & other states including Chief monitoring Officer, Thalassemia Specialty Clinics, Gujarat state, on the Issue: "THALASSEMIA - PROCEDURE TO LIVE A COMPERATIVELY HEALTY LIFE" at Krsna Cottage-near Railway Reservation Centre, Karkardooma, Delhi – 110092, the audience presented in the program among the Thalassemia treated doctors, patients' family members, general public and the expert of the new treatment initiators. Everyone was enjoying the scientific explanation and arguments later on by the treating learned physician of ayurveda & modern medicine (allopathic) fraternity on the treatment procedures till each of one present in audience become satisfied with scientific data based analytical explanation.

Now we intend to start the Thalassemia treatment clinic equipped with the above described indigenous formulation of ancient Indian resource to treat the disease in full swing which will be totally free of cost for the beneficiaries.

## We urge you & others to join the fight to defeat Thalassemia – make India Thalassemia free.

We depend fully on public charity to starts & maintain our service on Thalassemia - please contribute generously by cash, kind or by volunteering. 50% tax benefit as per Govt. rule.

The name of account: DHRUVH-SOCIAL AWARENESS FORUM

Banking information

- Punjab National Bank, Savings Bank A/C: 0117000100492522.Branch: Deoli, B. Code: 488100. MICR Code: 110024465.
  IFSC Code:PUNB0488100. Address: 151, Devli village, (Nr Main Bus Stop), New Delhi -110062, India. Ph.: 011- 29911339-40.
- B. Bank of Baroda, Savings A/C : 09630100006523 .Branch : East Of Kailash, Branch Code : KAIDEL, IFSC Code : BARBOKAIDEL, MICR Code : 110012017, Swift code: BARBINBBNND. Address: 16, Community Center, EoK, ND-65, India. Ph.011- 26416467.
- C. State Bank of India, Savings Bank A/C: 31176718226. Branch Code: 04843. IFSC Code: SBIN0004843. MICR Code: 110002124. Address: Ambedkar Ngr,Sector-1,New Delhi -110017.India. Phone: 011-26051416.

For more information & get registered as beneficiary free of cost, please contact at +91- 8586823618, +91-9873343383.

## DHRUVH-SOCIAL AWARENESS FORUM (www.dhruvh.org.in)

Registered as "DHRUVH" vide no. 5 - 34202 dated 15-01-1998 & Registered with 12AA, 80G & FCRA.

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